

## Description of Service

Service users are supported by a support worker / key worker using a needs-led recovery care plan as the framework for this support. The care plan, which aims to address risk and meet needs identified during assessment, is developed in collaboration with the service user and reviewed at least every six months. It can also be reviewed at the request of the service user or if there are significant changes to assessed risk or need. Each care plan is tailored to the individual but the range of needs we aim to meet include those relating to independent living. Skills such as budgeting, shopping, cooking, cleaning and personal hygiene, support around medication, claiming benefits, literacy and numeracy skills, leisure activities, education and employment opportunities. Service users are supported and encouraged to engage in social activities, hobbies, leisure interests and religious services if they wish. As well as planning for this on an individual basis. Staff consult service users, encouraging ideas and suggestions for group outings and activities, both within and outside the service. Our work in supporting service users in all these areas of their lives is integral to the way in which we apply the recovery approach.